

Date	Day	Std Time	Date	Day	Local Time	Market	Station	Show	Show Phone #
Market : DENVER									
2/1/2015	Sun	6:30 AM	2/1/2015	Sun	4:30 AM	DENVER	KWGN	PROLONGZ ADVANCED MEN'S INSTITUTE REV.	800-211-4231
2/4/2015	Wed	4:30 AM	2/3/2015	Tue	2:30 AM	DENVER	KDVR	PROLONGZ ADVANCED MEN'S INSTITUTE REV.	800-290-9978
2/8/2015	Sun	4:00 AM	2/7/2015	Sat	2:00 AM	DENVER	KWGN	PROLONGZ ADVANCED MEN'S INSTITUTE REV.	800-211-4231
2/8/2015	Sun	6:30 AM	2/7/2015	Sat	4:30 AM	DENVER	KDVR	PROLONGZ ADVANCED MEN'S INSTITUTE REV.	800-290-9978
2/11/2015	Wed	4:30 AM	2/10/2015	Tue	2:30 AM	DENVER	KDVR	PROLONGZ ADVANCED MEN'S INSTITUTE REV.	800-290-9978
2/15/2015	Sun	4:00 AM	2/14/2015	Sat	2:00 AM	DENVER	KWGN	PROLONGZ ADVANCED MEN'S INSTITUTE REV.	800-211-4231
2/15/2015	Sun	6:30 AM	2/14/2015	Sat	4:30 AM	DENVER	KDVR	PROLONGZ ADVANCED MEN'S INSTITUTE REV.	800-290-9978
2/18/2015	Wed	4:30 AM	2/17/2015	Tue	2:30 AM	DENVER	KDVR	PROLONGZ ADVANCED MEN'S INSTITUTE REV.	800-290-9978
2/22/2015	Sun	4:00 AM	2/21/2015	Sat	2:00 AM	DENVER	KWGN	PROLONGZ ADVANCED MEN'S INSTITUTE REV.	800-211-4231
2/22/2015	Sun	6:30 AM	2/21/2015	Sat	4:30 AM	DENVER	KDVR	PROLONGZ ADVANCED MEN'S INSTITUTE REV.	800-290-9978

Subtotal Market - DENVER

Date	Day	Std Time	Date	Day	Local Time	Market	Station	Show	Show Phone #
Market : NATIONAL CABLE									
1/30/2015	Fri	5:00 AM	1/29/2015	Thu	5:00 AM	NATIONAL CABLE	ESQUIRE	PROLONGZ ADVANCED MEN'S INSTITUTE REV.	800-644-1262
1/31/2015	Sat	4:00 AM	1/30/2015	Fri	4:00 AM	NATIONAL CABLE	ESQUIRE	PROLONGZ ADVANCED MEN'S INSTITUTE REV.	800-644-1262
1/31/2015	Sat	4:30 AM	1/31/2015	Sat	4:30 AM	NATIONAL CABLE	DISC	PROLONGZ ADVANCED MEN'S INSTITUTE REV.	800-650-0810
2/1/2015	Sun	4:00 AM	1/31/2015	Sat	4:00 AM	NATIONAL CABLE	TRUTV	PROLONGZ ADVANCED MEN'S INSTITUTE REV.	800-670-5787
2/2/2015	Mon	4:00 AM	2/1/2015	Sun	4:00 AM	NATIONAL CABLE	PAXN	PROLONGZ ADVANCED MEN'S INSTITUTE REV.	800-213-5715
2/2/2015	Mon	4:30 AM	2/1/2015	Sun	4:30 AM	NATIONAL CABLE	POP	PROLONGZ ADVANCED MEN'S INSTITUTE REV.	800-648-5818
2/2/2015	Mon	5:30 AM	2/1/2015	Sun	5:30 AM	NATIONAL CABLE	TRUTV	PROLONGZ ADVANCED MEN'S INSTITUTE REV.	800-670-5787
2/3/2015	Tue	3:00 AM	2/3/2015	Tue	3:00 AM	NATIONAL CABLE	DISC	PROLONGZ ADVANCED MEN'S INSTITUTE REV.	800-650-0810
2/3/2015	Tue	5:30 AM	2/2/2015	Mon	5:30 AM	NATIONAL CABLE	IONSHOP	PROLONGZ ADVANCED MEN'S INSTITUTE REV.	800-214-6012
2/3/2015	Tue	5:30 AM	2/2/2015	Mon	5:30 AM	NATIONAL CABLE	SYFY	PROLONGZ ADVANCED MEN'S INSTITUTE REV.	800-662-9413
2/3/2015	Tue	6:00 AM	2/3/2015	Tue	6:00 AM	NATIONAL CABLE	WE	PROLONGZ ADVANCED MEN'S INSTITUTE REV.	800-671-9423
2/4/2015	Wed	5:30 AM	2/4/2015	Wed	5:30 AM	NATIONAL CABLE	DISC	PROLONGZ ADVANCED MEN'S INSTITUTE REV.	800-650-0810
2/4/2015	Wed	5:30 AM	2/3/2015	Tue	5:30 AM	NATIONAL CABLE	SPIKE	PROLONGZ ADVANCED MEN'S INSTITUTE REV.	800-662-7718
2/4/2015	Wed	5:30 AM	2/3/2015	Tue	5:30 AM	NATIONAL CABLE	REELZ	PROLONGZ ADVANCED MEN'S INSTITUTE REV.	800-662-7612
2/5/2015	Thu	3:30 AM	2/4/2015	Wed	3:30 AM	NATIONAL CABLE	IONSHOP	PROLONGZ ADVANCED MEN'S INSTITUTE REV.	800-214-6012
2/5/2015	Thu	5:00 AM	2/5/2015	Thu	5:00 AM	NATIONAL CABLE	DISC	PROLONGZ ADVANCED MEN'S INSTITUTE REV.	800-650-0810
2/5/2015	Thu	5:00 AM	2/4/2015	Wed	5:00 AM	NATIONAL CABLE	CMDY	PROLONGZ ADVANCED MEN'S INSTITUTE REV.	800-305-8954
2/5/2015	Thu	5:00 AM	2/4/2015	Wed	5:00 AM	NATIONAL CABLE	REELZ	PROLONGZ ADVANCED MEN'S INSTITUTE REV.	800-662-7612
2/5/2015	Thu	6:00 AM	2/5/2015	Thu	6:00 AM	NATIONAL CABLE	WE	PROLONGZ ADVANCED MEN'S INSTITUTE REV.	800-671-9423
2/5/2015	Thu	6:30 AM	2/5/2015	Thu	6:30 AM	NATIONAL CABLE	AMC	PROLONGZ ADVANCED MEN'S INSTITUTE REV.	800-876-2139
2/6/2015	Fri	5:00 AM	2/5/2015	Thu	5:00 AM	NATIONAL CABLE	BRVO	PROLONGZ ADVANCED MEN'S INSTITUTE REV.	800-876-6042
2/6/2015	Fri	5:00 AM	2/5/2015	Thu	5:00 AM	NATIONAL CABLE	SPIKE	PROLONGZ ADVANCED MEN'S INSTITUTE REV.	800-662-7718
2/6/2015	Fri	5:00 AM	2/5/2015	Thu	5:00 AM	NATIONAL CABLE	ESQUIRE	PROLONGZ ADVANCED MEN'S INSTITUTE REV.	800-644-1262
2/6/2015	Fri	5:30 AM	2/5/2015	Thu	5:30 AM	NATIONAL CABLE	IONSHOP	PROLONGZ ADVANCED MEN'S INSTITUTE REV.	800-214-6012
2/6/2015	Fri	7:30 AM	2/6/2015	Fri	7:30 AM	NATIONAL CABLE	AMC	PROLONGZ ADVANCED MEN'S INSTITUTE REV.	800-876-2139
2/7/2015	Sat	2:00 AM	2/6/2015	Fri	2:00 AM	NATIONAL CABLE	POP	PROLONGZ ADVANCED MEN'S INSTITUTE REV.	800-648-5818
2/7/2015	Sat	4:00 AM	2/6/2015	Fri	4:00 AM	NATIONAL CABLE	IONSHOP	PROLONGZ ADVANCED MEN'S INSTITUTE REV.	800-214-6012
2/7/2015	Sat	4:00 AM	2/6/2015	Fri	4:00 AM	NATIONAL CABLE	ESQUIRE	PROLONGZ ADVANCED MEN'S INSTITUTE REV.	800-644-1262
2/7/2015	Sat	5:30 AM	2/6/2015	Fri	5:30 AM	NATIONAL CABLE	CMDY	PROLONGZ ADVANCED MEN'S INSTITUTE REV.	800-305-8954
2/8/2015	Sun	3:00 AM	2/7/2015	Sat	3:00 AM	NATIONAL CABLE	REELZ	PROLONGZ ADVANCED MEN'S INSTITUTE REV.	800-662-7612
2/8/2015	Sun	4:00 AM	2/7/2015	Sat	4:00 AM	NATIONAL CABLE	TRUTV	PROLONGZ ADVANCED MEN'S INSTITUTE REV.	800-670-5787
2/9/2015	Mon	4:00 AM	2/8/2015	Sun	4:00 AM	NATIONAL CABLE	IONSHOP	PROLONGZ ADVANCED MEN'S INSTITUTE REV.	800-214-6012
2/9/2015	Mon	4:00 AM	2/8/2015	Sun	4:00 AM	NATIONAL CABLE	PAXN	PROLONGZ ADVANCED MEN'S INSTITUTE REV.	800-213-5715
2/9/2015	Mon	4:30 AM	2/8/2015	Sun	4:30 AM	NATIONAL CABLE	POP	PROLONGZ ADVANCED MEN'S INSTITUTE REV.	800-648-5818
2/9/2015	Mon	5:30 AM	2/8/2015	Sun	5:30 AM	NATIONAL CABLE	TRUTV	PROLONGZ ADVANCED MEN'S INSTITUTE REV.	800-670-5787
2/10/2015	Tue	4:00 AM	2/9/2015	Mon	4:00 AM	NATIONAL CABLE	IONSHOP	PROLONGZ ADVANCED MEN'S INSTITUTE REV.	800-214-6012
2/10/2015	Tue	4:30 AM	2/9/2015	Mon	4:30 AM	NATIONAL CABLE	E!	PROLONGZ ADVANCED MEN'S INSTITUTE REV.	800-643-5479
2/10/2015	Tue	4:30 AM	2/10/2015	Tue	4:30 AM	NATIONAL CABLE	DISC	PROLONGZ ADVANCED MEN'S INSTITUTE REV.	800-650-0810
2/11/2015	Wed	3:30 AM	2/11/2015	Wed	3:30 AM	NATIONAL CABLE	TLC	PROLONGZ ADVANCED MEN'S INSTITUTE REV.	800-493-1097
2/11/2015	Wed	4:00 AM	2/10/2015	Tue	4:00 AM	NATIONAL CABLE	IONSHOP	PROLONGZ ADVANCED MEN'S INSTITUTE REV.	800-214-6012
2/11/2015	Wed	5:30 AM	2/10/2015	Tue	5:30 AM	NATIONAL CABLE	SPIKE	PROLONGZ ADVANCED MEN'S INSTITUTE REV.	800-662-7718
2/11/2015	Wed	7:30 AM	2/11/2015	Wed	7:30 AM	NATIONAL CABLE	AMC	PROLONGZ ADVANCED MEN'S INSTITUTE REV.	800-876-2139
2/12/2015	Thu	4:00 AM	2/11/2015	Wed	4:00 AM	NATIONAL CABLE	IONSHOP	PROLONGZ ADVANCED MEN'S INSTITUTE REV.	800-214-6012
2/12/2015	Thu	5:00 AM	2/11/2015	Wed	5:00 AM	NATIONAL CABLE	CMDY	PROLONGZ ADVANCED MEN'S INSTITUTE REV.	800-305-8954
2/13/2015	Fri	3:30 AM	2/12/2015	Thu	3:30 AM	NATIONAL CABLE	IONSHOP	PROLONGZ ADVANCED MEN'S INSTITUTE REV.	800-214-6012
2/13/2015	Fri	5:00 AM	2/12/2015	Thu	5:00 AM	NATIONAL CABLE	SPIKE	PROLONGZ ADVANCED MEN'S INSTITUTE REV.	800-662-7718
2/13/2015	Fri	5:00 AM	2/12/2015	Thu	5:00 AM	NATIONAL CABLE	ESQUIRE	PROLONGZ ADVANCED MEN'S INSTITUTE REV.	800-644-1262
2/14/2015	Sat	2:00 AM	2/13/2015	Fri	2:00 AM	NATIONAL CABLE	POP	PROLONGZ ADVANCED MEN'S INSTITUTE REV.	800-648-5818
2/14/2015	Sat	4:00 AM	2/13/2015	Fri	4:00 AM	NATIONAL CABLE	NUVO	PROLONGZ ADVANCED MEN'S INSTITUTE REV.	800-648-0382
2/14/2015	Sat	4:00 AM	2/13/2015	Fri	4:00 AM	NATIONAL CABLE	IONSHOP	PROLONGZ ADVANCED MEN'S INSTITUTE REV.	800-214-6012
2/14/2015	Sat	4:00 AM	2/13/2015	Fri	4:00 AM	NATIONAL CABLE	ESQUIRE	PROLONGZ ADVANCED MEN'S INSTITUTE REV.	800-644-1262
2/14/2015	Sat	5:30 AM	2/13/2015	Fri	5:30 AM	NATIONAL CABLE	CMDY	PROLONGZ ADVANCED MEN'S INSTITUTE REV.	800-305-8954
2/15/2015	Sun	3:30 AM	2/14/2015	Sat	3:30 AM	NATIONAL CABLE	IONSHOP	PROLONGZ ADVANCED MEN'S INSTITUTE REV.	800-214-6012
2/15/2015	Sun	3:30 AM	2/15/2015	Sun	3:30 AM	NATIONAL CABLE	DISC	PROLONGZ ADVANCED MEN'S INSTITUTE REV.	800-650-0810
2/15/2015	Sun	4:30 AM	2/14/2015	Sat	4:30 AM	NATIONAL CABLE	NUVO	PROLONGZ ADVANCED MEN'S INSTITUTE REV.	800-648-0382

2/15/2015	Sun	5:00 AM	2/14/2015	Sat	5:00 AM	NATIONAL CABLE	BRVO	PROLONGZ ADVANCED MEN'S INSTITUTE REV.	800-876-6042
2/16/2015	Mon	4:00 AM	2/15/2015	Sun	4:00 AM	NATIONAL CABLE	IONSHOP	PROLONGZ ADVANCED MEN'S INSTITUTE REV.	800-214-6012
2/16/2015	Mon	4:00 AM	2/15/2015	Sun	4:00 AM	NATIONAL CABLE	PAXN	PROLONGZ ADVANCED MEN'S INSTITUTE REV.	800-213-5715
2/16/2015	Mon	5:00 AM	2/16/2015	Mon	5:00 AM	NATIONAL CABLE	DISC	PROLONGZ ADVANCED MEN'S INSTITUTE REV.	800-650-0810
2/16/2015	Mon	5:30 AM	2/15/2015	Sun	5:30 AM	NATIONAL CABLE	REELZ	PROLONGZ ADVANCED MEN'S INSTITUTE REV.	800-662-7612
2/17/2015	Tue	4:00 AM	2/16/2015	Mon	4:00 AM	NATIONAL CABLE	SPIKE	PROLONGZ ADVANCED MEN'S INSTITUTE REV.	800-662-7718
2/17/2015	Tue	4:30 AM	2/16/2015	Mon	4:30 AM	NATIONAL CABLE	E!	PROLONGZ ADVANCED MEN'S INSTITUTE REV.	800-643-5479
2/17/2015	Tue	5:30 AM	2/17/2015	Tue	5:30 AM	NATIONAL CABLE	DISC	PROLONGZ ADVANCED MEN'S INSTITUTE REV.	800-650-0810
2/18/2015	Wed	5:30 AM	2/17/2015	Tue	5:30 AM	NATIONAL CABLE	SPIKE	PROLONGZ ADVANCED MEN'S INSTITUTE REV.	800-662-7718
2/18/2015	Wed	5:30 AM	2/17/2015	Tue	5:30 AM	NATIONAL CABLE	REELZ	PROLONGZ ADVANCED MEN'S INSTITUTE REV.	800-662-7612
2/19/2015	Thu	4:00 AM	2/18/2015	Wed	4:00 AM	NATIONAL CABLE	NUVO	PROLONGZ ADVANCED MEN'S INSTITUTE REV.	800-648-0382
2/19/2015	Thu	5:00 AM	2/18/2015	Wed	5:00 AM	NATIONAL CABLE	CMDY	PROLONGZ ADVANCED MEN'S INSTITUTE REV.	800-305-8954
2/20/2015	Fri	3:30 AM	2/20/2015	Fri	3:30 AM	NATIONAL CABLE	TLC	PROLONGZ ADVANCED MEN'S INSTITUTE REV.	800-493-1097
2/20/2015	Fri	4:30 AM	2/19/2015	Thu	4:30 AM	NATIONAL CABLE	E!	PROLONGZ ADVANCED MEN'S INSTITUTE REV.	800-643-5479
2/20/2015	Fri	5:00 AM	2/19/2015	Thu	5:00 AM	NATIONAL CABLE	SPIKE	PROLONGZ ADVANCED MEN'S INSTITUTE REV.	800-662-7718
2/20/2015	Fri	5:00 AM	2/19/2015	Thu	5:00 AM	NATIONAL CABLE	ESQUIRE	PROLONGZ ADVANCED MEN'S INSTITUTE REV.	800-644-1262
2/21/2015	Sat	2:00 AM	2/20/2015	Fri	2:00 AM	NATIONAL CABLE	POP	PROLONGZ ADVANCED MEN'S INSTITUTE REV.	800-648-5818
2/21/2015	Sat	3:00 AM	2/20/2015	Fri	3:00 AM	NATIONAL CABLE	REELZ	PROLONGZ ADVANCED MEN'S INSTITUTE REV.	800-662-7612
2/21/2015	Sat	4:00 AM	2/20/2015	Fri	4:00 AM	NATIONAL CABLE	ESQUIRE	PROLONGZ ADVANCED MEN'S INSTITUTE REV.	800-644-1262
2/21/2015	Sat	5:30 AM	2/20/2015	Fri	5:30 AM	NATIONAL CABLE	CMDY	PROLONGZ ADVANCED MEN'S INSTITUTE REV.	800-305-8954
2/22/2015	Sun	4:00 AM	2/21/2015	Sat	4:00 AM	NATIONAL CABLE	NUVO	PROLONGZ ADVANCED MEN'S INSTITUTE REV.	800-648-0382
2/22/2015	Sun	4:30 AM	2/22/2015	Sun	4:30 AM	NATIONAL CABLE	DISC	PROLONGZ ADVANCED MEN'S INSTITUTE REV.	800-650-0810

Subtotal Market - NATIONAL CABLE

Market : REGIONAL SPORTS

2/4/2015	Wed	2:00 AM	2/3/2015	Tue	2:00 AM	REGIONAL SPORTS	FSFL	PROLONGZ ADVANCED MEN'S INSTITUTE REV.	800-297-1733
2/7/2015	Sat	3:00 AM	2/6/2015	Fri	3:00 AM	REGIONAL SPORTS	FSDT	PROLONGZ ADVANCED MEN'S INSTITUTE REV.	800-290-8422
2/8/2015	Sun	3:00 AM	2/7/2015	Sat	3:00 AM	REGIONAL SPORTS	FSDT	PROLONGZ ADVANCED MEN'S INSTITUTE REV.	800-290-8422

Subtotal Market - REGIONAL SPORTS